

Tackle Checklist



1. IS THE ATTEMPTED TACKLE LEGAL?

2. IS THERE A TACKLE?

3. IS THERE A TACKLER?

➔ YES – Player making tackle goes to ground = ‘Tackler’

- Releases and rolls away
- Gets to feet and plays ball from any direction

“Roll away!”

➔ NO – Player making tackle stays on feet = ‘Tackle Assist’

- Releases
- Comes through gate if not already in gate

“Let him go!”

4. TACKLED PLAYER RELEASING THE BALL

➔ If no-one is around, give the player a couple of seconds to place, pass or release the ball

➔ If someone is legally attempting to play the ball, communicate to tackled player, and/or penalise if appropriate

“Play it!”

5. ARRIVING PLAYERS AT THE TACKLE

➔ Must come through the gate

➔ Must stay on their feet

- Going off feet after legally contesting a threat – OK
- Going off feet sealing the ball – not OK

6. PLAYERS CONTESTING POSSESSION WHO BEAT THE RUCK

➔ If body weight is on their feet, let them win the turnover

“He beat the ruck”

➔ If off feet, communicate and/or penalise if appropriate

“Hands off!”

7. RUCK FORMED

➔ Two players in contact over the ball

“Ruck!” or “No Hands!”